

# WORKING TOGETHER TO SAFEGUARD DAWLEY BROOK

At Dawley Brook Primary School, we are aware that it is everybody's responsibility to keep our community safe for those that live and learn within it. This safeguarding newsletter, aims to help staff, parents, and children alike to be aware of safeguarding and mental health issues, giving you useful links and resources if you have concerns.

## TALK PANTS!!!

The NSPCC campaign: Talk PANTS helps children understand that their body belongs to them, and they should tell someone they trust if anything makes them feel upset or worried.

Via the NSPCC website, there are lots of age-appropriate resources to help you start the conversation with your child. By signing up to their newsletter service they'll send you helpful tips, advice and materials by email.

More information can be found at <https://www.nspcc.org.uk/keeping-children-safe/support-for-parents/pants-underwear-rule/>

Dawley Brook Primary School, will be sending information to you shortly regarding the use of these resources within the classroom environment to conduct our annual update. This has proven successful over a number of years now and we hope that we can complete the taught sessions with as many children as possible in the coming weeks. You will find the PANTS rules later in this newsletter.

## BE SMART ONLINE

Online gaming is hugely popular with children and young people. Annual research conducted by OFCOM shows that gaming is still one of the top activities enjoyed by 5-16 year olds online, with many of them gaming via mobile devices and going online using their games console.

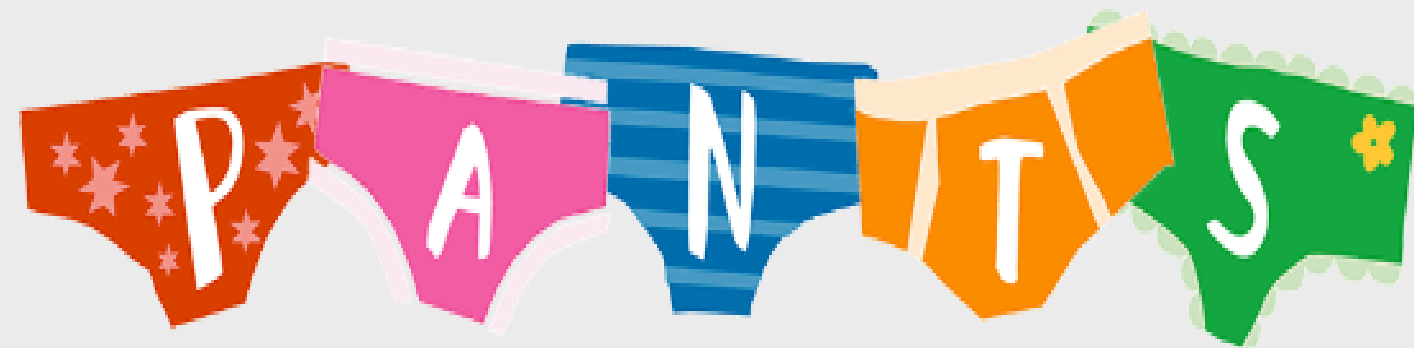
Dawley Brook Primary School, use Childnet's SMART rules to remind our children of the key messages linked to online safety. I have attached the school poster to this newsletter.

Childnet have also produced an extremely useful guide for parents on how to support their child with their online gaming presence. This can be found at:

<https://www.childnet.com/wp-content/uploads/2020/07/Online-gaming-an-introduction-for-parents-and-carers-2017.pdf>



# What are the PANTS rules?



Privates are private



Always remember your body  
belongs to you



No means no



Talk about secrets that upset you



Speak up, someone can help



# BE SMART ONLINE



## S

### SAFE

Keep your personal information safe. When chatting or posting online don't give away things like your full name, password or home address. Remember personal information can be seen in images and videos you share too. Keep them safe to keep yourself safe.



## M

### MEET

Meeting up with someone you only know online, even a friend of a friend, can be dangerous as this person is still a stranger. If someone you only know online ever asks you to meet up, for personal information or for photos/videos of you then tell an adult straight away and report them together on [www.thinkuknow.co.uk](http://www.thinkuknow.co.uk)

THINK  
UK  
KNOW

## A

### ACCEPTING

Think carefully before you click on or open something online (e.g. links, adverts, friend requests, photos) as you never know where they may lead to or they may contain viruses. Do not accept something if you are unsure of who the person is or what they've sent you.



## R

### RELIABLE

You cannot trust everything you see online as some things can be out of date, inaccurate or not entirely true. To find reliable information compare at least three different websites, check in books and talk to someone about what you have found.



## T

### TELL

Tell a trusted adult if something or someone ever makes you feel upset, worried or confused. This could be if you or someone you know is being bullied online. There are lots of people who will be able to help you like your teachers, parents, carers or contact Childline - 0800 11 11 or [www.childline.org.uk](http://www.childline.org.uk)



### BE SMART WITH A HEART

Remember to always be smart with a heart by being kind and respectful to others online. Make the internet a better place by helping your friends if they are worried or upset by anything that happens online.

